

# GET REC.'D 5K+ SNOWSHOE RACE and HIKE

Town of Stratton,  
Vermont

**DATE / TIME:** Sunday, January 8, 2017, 10:15 AM

**START / FINISH:** Town of Stratton Recreation Area, Old Town Road, Stratton Vermont, 05360

**REGISTRATION:** Day of race only, at Rec, Area's skating shelter. Registration ends at 10:00 AM

**COURSE:** A "lollipop"-style course, starting/finishing at the same spot, running the "lollipop" loop two times; there are two significant climbs and has a 668 foot elevation gain. The course consists of groomed Nordic trails, an open field, and a VAST snowmobile trail. The exact distance of the race is 3.37 miles. Maps available at registration.

**REQUIREMENTS:** MINIMUM SNOWSHOE SIZE = 120 SQUARE INCH SURFACE.

**AID STATIONS:** None. Carry some food, drink if you plan to be awhile enjoying the trail.

**ENTRY:** \$15, cash appreciated. Proceeds to the town for rec. area maintenance.

**DIRECTIONS/INFORMATION:** morunning@gmail.com and [www.dionwmacsnowshoe.com](http://www.dionwmacsnowshoe.com)  
Or contact Mike (845)978-9705

**RENTAL SHOES:** \$5 LIMITED NUMBER AVAILABLE, PLEASE EMAIL or CALL TO RESERVE.

**AWARDS:** First Place, Men's and Women's

The recreation area is rustic and primitive. Shelter is limited near the ice skating area. There is one privy outhouse. Participants shall yield right of way and not impede others using the facility including: skiers, skaters, hikers, and snowmobilers. This is a hidden gem on the edge of the Green Mountain National Forest between Mt. Snow and Stratton ski resorts.

## PART of the 2017 WMAC/DION SNOWSHOE SERIES

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### THE "Get Rec.'d" SNOWSHOE RACE / JAN 8, 2017

NAME \_\_\_\_\_ AGE \_\_\_\_\_ GENDER \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

TEAM \_\_\_\_\_ NEED SHOES? \_\_\_\_\_

EMAIL \_\_\_\_\_ PHONE \_\_\_\_\_



**ENTRY:** \$15.00 or FREE (65+ and <18) (circle one)

In consideration of this entry being accepted, I hereby for my heirs, executors and assigns waive and release any and all claims for damages I may have against the director, sponsors, their representatives, property owners, successors, or assigns for any and all injuries suffered in said event.

**Signature (parent if under 18)** \_\_\_\_\_ **Date** \_\_\_\_\_